ETNA BULLETIN No.7, February 2016

Welcome to ETNA’s Bulletin!

1. 5th International ETNA Conference at Odense, Denmark on 19th and 20th June 2017.

THEMES: “Promoting Cultural competence in a digital/technological world” and “21st century migrants and refugees: Mass migration into Europe due to wars and ethnic conflict”.
For more information look up at ETNA’s website
http://europeantransculturalnurses.eu/news/
Please distribute to your colleagues.

Thanks Dorthe Nielsen, University of Southern Denmark, for taking up this challenging task.

2. Access to Health Care for Undocumented Migrants in Belgium

Since 1996, Belgium has a unique procedure granting access to health care for undocumented migrants: The urgent medical aid. If the theoretical coverage aims to cover almost all health care needs of the undocumented population, it appears that lots of barriers exist at practical level, preventing undocumented migrants from accessing the health care services. In this context, a comprehensive evaluation of this procedure was realized with the participation of the undocumented migrants, health professionals and stakeholders in 2015.
This report presents the main findings of this research and recommendations to improve access to health care for undocumented
migrants in Belgium. This research was carried out by the Belgian Health Care Knowledge Center, the Université Catholique de Louvain (UCL) and the University of Ghent.

For more information, please contact Dominique Roberfroid (KCE), Marie Dauvrin (UCL) or Ilse Derluyn (UGent).

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Below the links of the report

Synthesis

Full report

Thanks Marie Dauvrin, Université Catholique de Louvain, Belgium for sharing this.

3. Health Needs of Refugees—are we prepared?
As the EU struggles to reach agreement on the management and most appropriate response to the refugee crisis, it is timely to reflect on how health professionals in Ireland can respond to those who require healthcare support on arrival.

PJ Boyle, shares with us a two part article that just published in the World of Irish Nursing and Midwifery (WIN). WIN is the INMO (Irish Nursing and Midwifery Organisation's Membership Journal published monthly with an audience of over 30,000 Registered Nurses.

The article outlines the experience of the HSE interdisciplinary team currently providing health assessments and support to newly arrived asylum seekers and refugees. This is the only full-time HSE team working exclusively with refugees nationally. It also discusses their care within the Irish health services.
The references for both articles are as follows and can be found in ETNA’s website:

*Thanks PJ Boyle for sharing these articles, Balseskin Refugee Reception Centre, Dublin, Ireland.*

4. An international and interdisciplinary pilot project about different approaches of Evidence Based Practice between Belgium (bachelor in Nursing) and Lithuania (bachelor in Occupational Therapy).

In the academic year 2013-2014, there was an international collaboration between Howest University of Applied Sciences, bachelor in Nursing (Bruges, Belgium) and Vilniaus Kolegija University of Applied Sciences, bachelor in Occupational Therapy (Vilnius, Lithuania).
The aim was to have an interdisciplinary exchange between students in Nursing and students in Occupational Therapy and to learn to know different approaches and cultural differences in evidence based practice (EBP). Both groups of students were prepared in their home country, guided by a supervisor. The students had to choose a relevant topic to discuss and to make a poster presentation. They were divided in small groups and each group had to complete one step in the cyclic process of EBP, such as (1) formulating an appropriate research question, (2) finding literature, (3) evaluating the literature, (4) disseminating and evaluating the results (writing an abstract and making/presenting a poster. The posters were presented by the students through Skype. After the presentations, the students had the chance to ask questions to each other and to reflect on the research findings.
Both students and supervisors experienced different approaches into EBP.
Follow-up is needed to explore the causes of a different approach on EBP. But more important is to detect what students and lecturers/researchers can learn from different international and interdisciplinary approaches in Evidence Based Nursing/Occupational Therapy.
Face-to-face interviews with the students have shown us that a powerful
learning environment, as used in this small pilot project, results in a bigger learning outcome than only reading textbooks. They also reported that working in groups and having a (virtual) international exchange was an added value in their curriculum. We decided to continue our project annually and to expand the project from the beginning of the academic year 2016-2017.

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5. RESILIENT NURSES in ACTION……PUTTING ACROSS the LEARNED COMPASSION CARE

Our mission!.....Sitio Pulo, Kabalutan Orani Bataan Philippines, an islet so near and yet so far...with more than 300 households, more than a thousand population and in need of convenient accessible health. A risky 10minute travel by small boats just to reach the place is painstaking. The populace - olds and the young ones - don’t even mind the danger; they have adjusted to the situation, but for us 9 nurses are a big challenge.

The community assignment is the result of a study. On the first day the group pay courtesy call to the community heads concern and at the same time re-assessing health needs through survey. During the community assembly conducted, screened volunteers for disaster emergency rescue team was announced and consequently started the first session of the training, within an on-going 4month varied community health intervention.

To reflect on, a noble profession called NURSING armed with authentic Compassion Care is what things are all about. Transcontinentally, we SALUTE all sincere health care providers...!
6. “Transcultural Nursing” Master Program in Greece

The Nursing department of National and Kapodistrian University of Athens has been organizing and functioning since the academic year 2007-2008 a Master Program with the title “Transcultural nursing”. This program came from the collaboration with an Erasmus Program (2003-2005) from the development of a European transnational Master Program with the title «Master in Europe: Transcultural Nursing». Coordinator of the program was Professor Irena Papadopoulou, Research Centre for Transcultural Studies in Health, Middlesex University, UK and collaborating institutions were the National and Kapodistrian University of Athens (UoA) Greece, Tampere University-Finland, Satakunta Polytechnic-Finland, Arcada Polytechnic-Finland, The Swedish Red Cross University College of Nursing, and Nursing Department - University of Malaga, Spain.

Till now, in our Master Program have been admitted 48 Msc students and 37 have taken a Master Degree, which deal with topics of transcultural health care, cultural competence, sensitivity and awareness of Health Professionals. Also, clinical issues focused on Transcultural nursing were studied such as “Transcultural approach to patients during the physical examination”, “Transcultural differences in approaching and dealing with patients with epilepsy”, “Transcultural approach and management of patients with pain”, “Migration and mental disorders” and “Nursing assessment of cultural effects on the nutrition of the patients”. Moreover, there some social issues focused on “Health care provided in prisoners in Europe and USA”, “Access of migrants to health services”, “Factors contributing to social integration of immigrant children” and “The culture of the death and the effect on the nursing care” were studied.

The duration of this Master Program is two years and the modules include:
FIRST SEMESTER: Biostatistics, Total Quality Management in Health
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<th>Semester</th>
<th>Courses</th>
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<tr>
<td>FIRST SEMESTER</td>
<td>Care, Special Issues in Health Informatics, Communication- Interpersonal relations, Research Methodology, Principles for Writing Research Papers, Health Law (30 ECTS)</td>
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<tr>
<td>SECOND SEMESTER</td>
<td>Epidemiology, Prevention, Health education and promotion, Demography (30 ECTS)</td>
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<tr>
<td>THIRD SEMESTER</td>
<td>Transcultural Nursing, Education and Transcultural Health, Health Policy, Sociology of health of migrants and refugees, Clinical Practice (A part) (30 ECTS)</td>
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<td>FOURTH SEMESTER</td>
<td>Master Thesis, Clinical Practice (B part) (30 ECTS)</td>
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<td>Total ECTS: 120</td>
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The official language is Greek but there is the possibility to give exams in the English language if there are foreign Erasmus students.

Also during this period a PhD thesis was completed on "Evaluation of the cultural competence of physicians and nurses in pediatric hospitals" by Paraskevi Apostolara.

In the framework of scientific and research activities of the University, the Unit "Transcultural Nursing and specific population groups" of the "Laboratory of Community Nursing" has developed scientific actions on:

a) Writing articles in Greek and international journals,
b) participating with oral or poster presentation in Greek and international conferences,
c) participating in international educational programs and projects,
d) writing of chapters or books such as:


For more information contact Professor Athena Kalokairinou athkal@nurs.uoa.gr

*Thanks Athena Kalokerinou-Anagnostopoulou, for authoring this report, Department of Public Health, Faculty of Nursing, National and Kapodistrian University of Athens*

7. **ETNA’s homepage.** Please visit it and help us to improve and enrich it.
http://www.europeantransculturalnurses.eu/

8. **Next Bulletin** will be send to you in July 2016

Please send us news you wish to publish in the bulletins and we will endeavour to include them. The aim of the bulletins is to share information and raise awareness on matters related to Transcultural Health. We welcome your feedback on our Bulletins!